Snowboanding **SNOWBOARD GEAR READING COMPREHENSION**

To prevent injuries, especially to your wrists, knees, and elbows, consider auards and protective pads. These pads cushion your body added confidence as you tackle the

WRIST GUARDS AND PROTECTIVE GEAR





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rying essentials like snacks, water, ose a backpack with adjustable ar organized and accessible.



the slopes and enjoy the thrill of equipment before each ride to nd properly fitted. Stay safe, have fun, barding!

OWBOARD

OSE THE CORRECT ANSWER

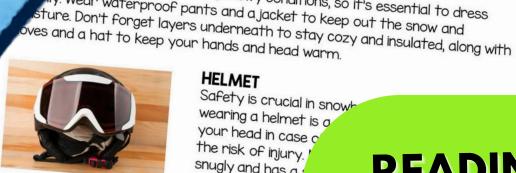
rimary purpose of sno r feet warm pport and attachment t sibility your head

unction of bindings in s our eyes ots to the snowboard hands warm ntials like snacks

a helmet important i feet dry ur head in case of falls

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pose of goggles in sno ials like snacks eyes from wind, snow to the snowboard Warm and d



LOTHING

HELMET Safety is crucial in snowh wearing a helmet is g your head in case of the risk of injury. snugly and has a place.

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NO-PREP 8

Goggles are like sunglasses for snowboarding, pro snow, and bright sunlight. They also improve visibil enhancing contrast, making it easier to see in var EDITABLE

DINGS

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READING COMPREHENSION MCQ'S QUESTIONS **ANSWER KEY**

READING PASSAGES WITH TEXT DEPENDENT QUESTIONS

SNOWBOARD GEAR

Have you ever wondered what gear you need to go snowboarding? Let's explore the essential equipment that keeps you safe and comfortable on the slopes!

THE SNOWBOARD

The most important piece of gear for snowboarding is, of course, the snowboard itself! It's like a big, flat skateboard designed for gliding over snow. Snowboards come in different sizes and shapes, depending on your riding style and skill level.



BOOTS AND BINDINGS

To stay securely attached to your snowboard, you need special boots and bindings. Snowboard boots are sturdy and supportive, with laces or straps to keep your feet in place. Bindings are what connect your boots to the board, allowing you to control your movements.

WARM CLOTHING

Snowboarding takes place in cold, snowy conditions, so it's essential to dress warmly. Wear waterproof pants and a jacket to keep out the snow and moisture. Don't forget layers underneath to stay cozy and insulated, along with gloves and a hat to keep your hands and head warm.



HELMET

Safety is crucial in snowboarding, which is why wearing a helmet is a must! Helmets protect your head in case of falls or collisions, reducing the risk of injury. Make sure your helmet fits snugly and has a sturdy chin strap to keep it in place.

GOGGLES

Goggles are like sunglasses for snowboarding, protecting your eyes from wind, snow, and bright sunlight. They also improve visibility by reducing glare and enhancing contrast, making it easier to see in various light conditions.

READING COMPREHENSION

COLORED & B/W VERSIONS INCLUDED

WRIST GUARDS AND PROTECTIVE GEAR

To prevent injuries, especially to your wrists, knees, and elbows, consider wearing wrist guards and protective pads. These pads cushion your body against impacts and falls, giving you added confidence as you tackle the slopes.

Ready To Print

BACKPACK

A small backpack can come in handy for carrying essentials like snacks, water, sunscreen, and extra layers of clothing. Choose a backpack with adjustable straps and compartments to keep your gear organized and accessible.

BOOTS, GLOVES, AND SOCKS

Good-quality snowboard boots, gloves, and socks are essential for comfort and performance on the mountain. Boots should fit snugly and provide ample support, while gloves should be waterproof and insulate to keep your hands warm and dry. Socks should be made of moisture-wicking material to keep your feet dry and comfortable all day.



CONCLUSION

With the right gear, you're ready to hit the slopes and enjoy the thrill of snowboarding! Remember to check your equipment before each ride to ensure everything is in good condition and properly fitted. Stay safe, have fun, and embrace the adventure of snowboarding!

- 6. What item can be handy for carr
- a) Helmet b) Gloves
- c) Backpack d) Socks

7. What should be checked before ea

- a) Your helmet's fit
- b) The color of your gloves c) The taste of your snacks d) The weather forecast

8. What type of material should socks a) Cotton

- b) Wool
- c) Leather
- d) Plastic

- 9. What is the primary function of glove a) Attaching boots to the snowboard
- b) Keeping your hands warm and dry c) Protecting your head
- d) Enhancing visibility

- 10. What gear is crucial for staying comf performing well on the mountain?

pots, gloves, and socks and protective pads

F.

ANSWER KEY

SHORT ANSWER QUESTIONS

I. What is the primary purpose of

2. Why is wearing a helmet importa

3. What protective gear cushions

4. What should be checked before

5. What type of material should :

snowboarding?

MCQS

- I. b) Providing support and attachment to the snowboard 2. b) Attaching boots to the snowboard 3. b) To protect your head in case of falls or collisions b) to protect your nead in case or rails or collisions
 4. b) Protecting your eyes from wind, snow, and sunlight
 5. c) Wrist guards and protective pads
- 6. c) Backpack
- 7. a) Your helmet's fit
- 8. b) Wool
- 9. b) Keeping your hands warm and dry 10. c) Snowboard boots, gloves, and socks

SHORT-ANSWER QUESTION

- Goggles protect your eyes from wind, snow, and sunlight. 2. Wearing a helmet is important to protect your head in case of
- 3. Wrist guards and protective pads cushion your body against
- 4. Before each snowboarding ride, you should check your
- equipment's fit and condition.
- 5. Socks for snowboarding should be made of wool.

Name.

SNOWBOARD GEAR

Date_

DIRECTIONS CHOOSE THE CORRECT ANSWER.

- I. What is the primary purpose of snowboard boots? a) Keeping your feet warm
 - b) Providing support and attachment to the snowboard
 - c) Enhancing visibility
 - d) Protecting your head

2. What is the function of bindings in snowboarding?

- a) Protecting your eyes
- b) Attaching boots to the snowboard
- c) Keeping your hands warm
- d) Carrying essentials like snacks

3. Why is wearing a helmet important in snowboarding? a) To keep your feet dry

- b) To protect your head in case of falls or collisions
- c) To enhance visibility
- d) To prevent wrist injuries

4. What is the purpose of goggles in snowboarding? a) Carrying essentials like snacks

- b) Protecting your eyes from wind, snow, and sunlight
- c) Attaching boots to the snowboard
- d) Keeping your hands warm and dry

5. Which protective gear cushions your body against impacts and falls?

- a) Goggles
- b) Gloves
- c) Wrist guards and protective pads
- d) Helmets

10 - MCQ'S & 5 QUESTIONS

ANSWER KEY INCLUDED