

# DAYLIGHT SAVING TIME

# FLIPBOOK

*Activity*



LET'S LEARN ABOUT...  
**DAYLIGHT  
SAVING TIME**

NAME: \_\_\_\_\_

**READ**

**ANSWER**

**SORT IT OUT**

**WHAT I LEARNED**

Ready to Print

Do you ever wonder why sometimes it feels like it's bright outside when you wake up in the morning, but then it gets dark earlier in the evening? That's because of something called Daylight Saving Time. During Daylight Saving Time, we move our clocks forward in the spring and back in the fall. This means that we get more daylight in the evening during the spring and summer months, which gives us extra time to play outside or enjoy activities with our families. But in the fall and winter, when we set our clocks back, it gets darker earlier, so we have more time to sleep in the morning. Daylight Saving Time helps us all year round!

What You have learned so far?

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**WHAT I LEARNED**

1. What is the purpose of Daylight Saving Time?

2. When do we move our clocks forward and back?

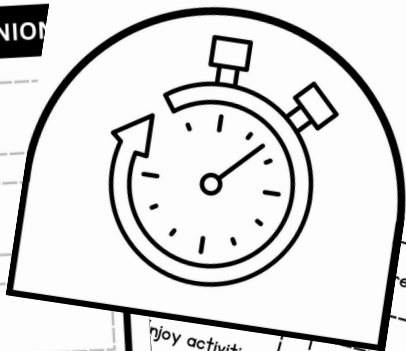
3. How does Daylight Saving Time affect daylight hours in different seasons?

**ANSWER**

# Cut & Paste Activity

## TOPPER

CUT AND PASTE BEHIND LAST PAGE



FACT

OPINION

**SORT IT OUT**

re change

re time

enjoy activities

Set clocks

maximize

Extra time

